



LIZ LAPIDUS PR  
PUBLIC RELATIONS



**“Editor’s Letter”**  
**By Sue Collins**  
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The nice people at Hydro-clinic in Buckhead invited me to visit their new office to find out more about their feel-good procedure. So, I popped in after a particularly taxing weekend. I was not partying (though many who come in for hydration therapy are chasing a hang-over). I was at Garage Games One, a CrossFit competition where I actually came in second in my division! I had a “cocktail” of Toradol, magnesium, calcium, a few B and C vitamins intravenously pumped into my system and bounced out of there feeling like a million bucks. (Didn’t hurt a bit.)